

Butte Native Wellness Letter



OUR DEXCOM PROGRAM: DIABETES MANAGEMENT

Butte Native Wellness Center (BNWC) is introducing a continuous glucose monitoring (CGM) program led by Caitlynn Heimark, RN, to improve the center’s Diabetic Program. This program is available to patients who receive primary care and/or diabetes management through BNWC. Eligible patients will be provided with 12 months of supplies at no cost.

The potential benefits of participation in this program include:

- Overall improved glycemic control
- Improved disease awareness
- Improved confidence in self-management
- Improved understanding of the relationship between glycemic control, nutrition, and quality of life
- Behavior modification – reduced caloric and carbohydrate intake, increase in physical activity, improved medication compliance
- Improved postprandial (after meal) glucose levels

Call our center for more information.

Changes are coming to Medicaid & Healthy Montana Kids
 Don't risk losing your coverage.
 Update your contact information.
 Need help? Cover Montana can update your contact information and answer questions. Call (844) 682-6837.

COVER MONTANA
 (844) 682-6837 | covermt.org

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Medicaid: Contact info update

Do you get health insurance coverage through Medicaid or Healthy Montana Kids (HMK)? Don't risk losing your health insurance. Update your contact information with Montana Medicaid. Please visit the Community Resources page on the Butte Native Wellness Center website for more information (butternwc.org/community-resources)

Transportation Policy Update

BNWC offers transportation services to medical or behavioral health appointments at BNWC for patients without other means of transportation. This service is dependent on staff availability and requests for transportation services must be made at least 24 hours in advance.

Grants Manager: Jancee Hansen

Jancee Hansen joined the Butte Native Wellness Center team! She has experience working in reproductive health, harm reduction, domestic violence and sexual assault, mental health, and disability services. Jancee is passionate about health equity and racial justice, and she is excited to help our program grow and reach more people in our community.

MARCH



MEET KIM BOYLE

Kim Boyle facilitates BNWC's monthly Drumming Circles. Kim is an enrolled member of The Little Shell Chippewa-Cree of Montana, as well as Lakota on her father's side and British on her mother's. She was born in Butte and has always been very connected to her Native roots and culture. Kim is an artist, a Reiki Master with 30 years of experience, as well as an educator on the Medicine Wheel, Animal Totems, Sacred Stones, and Medicine Plants. She believes that her Ancestors have been working with her since birth.

"I believe that my purpose on this Earth is to assist others to 'Walk the Red Road'. I also believe that the purpose of my mixed blood is to be a bridge between cultures, to help heal the past and forward into the future with love for all, teaching that We truly are all ONE. Mitakuye Oyasin!" - Kim Boyle



Narcan

Butte Native Wellness Center is a Narcan distributor and Narcan kits are available upon request. Narcan is a medicine that may rapidly reverse an opioid overdose. **People should still call 911 immediately in the event of an overdose.**



Hiring: Nurse Practitioner

Butte Native Wellness Center is currently hiring a Nurse Practitioner to join our amazing team! Head over to our website to read the job description on our Careers page (www.butenwc.org/careers).



Grant

Butte Native Wellness Center received a grant from the National Council of Urban Indian Health to implement and improve the center's policies and procedures related to Infection Prevention and Control measures. BNWC looks forward to partnering with other Montana urban centers through the Montana Consortium for Urban Indian Health.

MARK YOUR CALENDAR

Tuesday, March 14th: Drumming Circle @ 6pm

Our drumming circle, led by Kim Boyle, consists of 4 small sessions thanking each direction, North, South, East, and West for their gifts. Everyone is welcome to this free event, even if you have never drummed before.

Tuesday, March 21st: Drumming & Singing Session @ 6 pm

Join the session and learn to drum and sing traditional Native songs. Everyone is welcome!

Tuesday, March 28th: Supper & Stories @ 6pm

Join us for this free event where we eat culturally relevant foods and listen to Native American tales.

****Our events are open to everyone and are family-friendly & drug/alcohol-free****

Please call or email to RSVP